

Seminar IRH-ICUB

Consciousness and Cognition: An Interdisciplinary Approach

<https://irhunibuc.wordpress.com/2016/04/05/new-seminar-consciousness-in-philosophy-and-neuroscience/>

convenor Dr. Diana Stanciu

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Date: Tuesday, 22 May 2018, 17h

Place: IRH-ICUB (1 D. Brandza Str.), conference room

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Simona Pascal is a clinical psychologist and a PhD student at the Faculty of Psychology and Educational Sciences, University of Bucharest. She is also a member of the Cognitive Clinical Sciences Laboratory of the University of Bucharest. Her main research interests are: the role of disgust in anxiety disorders, cognitive characteristics of clinical disorders, and the priming technique in clinical psychology.

The Presence of Disgust in the Psychopathology of Anxiety

Disgust is an emotional response in anxiety disorders and obsessive-compulsive disorder. Recent research in clinical psychology indicates the presence of a high fear level and an increased level of disgust that are maintained in the presence of the phobic stimuli in the anxiety disorders and obsessive-compulsive disorder. These aspects could be particularly useful both in diagnosing these two types of disorders and regarding their treatment. Although exposure-based treatments seem to be a success story for anxiety disorders, little is known about how efficiently they can address disgust symptoms alongside fear. I am thus arguing in favour of the recent research highlighting the importance of the clinical assessment of disgust, but I will also point out some of its limits.